

St. Ann's Center for Children, Youth & Families
ANNUAL REPORT 2015
A Tradition of Caring

OUR NEW WEBSITE

-> C stanns.org



AT ST. ANN'S CENTER, WE'RE HEALING, STRENGTHENING & **INSPIRING VULNERABLE WOMEN & CHILDREN.**

FIND US ONLINE

(http://www.stanns.org

ST. ANN'S CENTER FOR CHILDREN, YOUTH & FAMILIES FY 2015 ANNUAL REPORT

4901 Eastern Avenue • Hyattsville, MD 20782 (301) 559-5500 • info@stanns.org To read previous issues, visit our website: www.stanns.org

A MESSAGE FROM SISTER MARY

Dear Friends,

During his historic visit to our nation's capital in September, Pope Francis encouraged us to:

"Keep in mind all those people who are trapped in a cycle of poverty. They too need to be given hope."

- Pope Francis, US Congress Speech

Pope Francis' message gets to the heart of our mission at St. Ann's Center for Children, Youth & Families.



The young women we serve have experienced the trauma of homelessness and

poverty. Inspired and strengthened by hope, they are now breaking the cycle for their children.

Our dedicated staff and volunteers recognize the inherent strength in every life and create a vibrant community where every child and mother has the opportunity to reach their full potential.

When a young mother enters our housing programs, she receives individual and family supportive counseling, life skills classes and mentoring. Our Education & Employment Counselor guides her through job searches and supports her career aspirations. Her children learn and thrive alongside their peers from the community in our on-site Child Care Center.

This work would not be possible without the leadership of our Board of Directors, tireless work of our staff, and generosity of our community. Simply put, your support inspires hope. And hope can make all the difference.

Blessings,

Sister Mury Broken

Sister Mary Bader CEO

TRANSITIONAL HOUSING PROGRAM

Our Transitional Housing Programs, Hope House and Faith House, serve local families facing homelessness and instability.

Our wrap-around services not only address a family's immediate housing needs, but also help to lay the foundation for a family-sustaining career and lifelong independence.



BY THE NUMBERS

served in fiscal year 2015, including **33** children and **27** mothers



PROVIDING HEALING, EDUCATION & GUIDANCE TO FAMILIES SEEKING STABILITY 3,195 DAYS OF CARE

SUCCESSFULLY TRANSITIONED TO INDEPENDENT LIVING

HOUSING



FAITH HOUSE

Our Faith House program is housed in a stand-alone building on St. Ann's campus and includes eight private 1-bedroom apartments with shared kitchen and living areas.

Faith House participants receive access to all of St. Ann's supportive services, in an independent setting.

HOPE HOUSE

Residents of St. Ann's Hope House program live in large, single-family units on the first floor of St. Ann's main building and share kitchens, bathrooms and living spaces.

As in Faith House, residents have access to wrap-around support services, in addition to 24-hour supervision and mentoring.



SUPPORT

Every Hope House and Faith House client benefits from St. Ann's on-site, wrap-around services, including:

Licensed Child Care

Employment Counseling

Life Skills Classes

Tech Center

Individual & Family Counseling

Parenting Support

Mentoring

Volunteer Opportunities

TEEN MOTHER & BABY PROGRAM

Grace House is the home of our Teen Mother & Baby Program, where pregnant and parenting young women are supported through their pregnancy and early motherhood.

Our dedicated support team offers Grace House clients structure and guidance as they sort through life decisions, develop new skills, and make important decisions about the well-being of their child and the future of their young family. On-Site High School On-Site Licensed Child Care Nursing Support Parenting Education & Support Employment Counseling Recreational & Cultural Outings Assistance with Newborn Care Supportive Counseling Transportation

PROGRAM HIGHLIGHTS

To ensure healthy delivery, clients receive prenatal and postpartum wellness care from our health care partners, Providence Hospital and Fort Lincoln Medical Center.



BY THE NUMBERS



PREGNANT & PARENTING YOUNG WOMEN SERVED IN FISCAL YEAR 2015



OF ADOLESCENT MOTHERS SERVED IN FISCAL YEAR 2015



DAYS OF CARE

FULL-TERM, HEALTHY BIRTHS DURING THE FISCAL YEAR

> PROVIDING EDUCATION & GUIDANCE TO PREGNANT & PARENTING YOUNG WOMEN

"I had to drop out of school when I gave birth to my daughter because I couldn't afford child care for her. I never thought I would be able to get my high school diploma. Now that I am in St. Ann's High School, I am working really hard to get straight A's. I want my daughter to see me walk down the aisle on graduation day and be proud of her mom."

- A Grace House Mother



EDUCATION & EMPLOYMENT PROGRAM

For a single mother, the biggest barrier to stability is often finding and maintaining a career that can support her young family.

Our Education & Employment Program helps young women overcome this barrier by providing pathways to academic advancement, guiding clients through the job search process and offering ongoing career counseling.



BY THE NUMBERS

8

PREGNANT & PARENTING WOMEN SERVED IN ST. ANN'S HIGH SCHOOL



ADVANCED IN GRADE LEVEL DURING 2014-15 SCHOOL YEAR

OBTAINED EMPLOYMENT WITHIN 3 MONTHS, (**19** of **27** faith & hope house residents)



70% OF RESIDENTS

PROGRAM HIGHLIGHTS



SMALL CLASS SIZES

During a typical school year, St. Ann's High School has a 2:1 student-teacher ratio.

Small class sizes enable our faculty to provide individualized support to all students and fosters an environment where students know that they are understood and supported.

TRAUMA INFORMED CARE

Many of our young mothers are survivors of trauma, including adolescent pregnancy, homelessness and abuse.

Our faculty and staff are trained in providing trauma-informed care and our Social Work Services team provides ongoing therapeutic counseling to help clients overcome challenges.





CAREER-CENTERED COUNSELING

Our Employment Counselor supports clients in their career development efforts by promoting the importance of a long-term career strategy.

Each young mother receives one-on-one career counseling, educational workshops, resume writing assistance, mock interviews and job etiquette guidance.

ON-SITE CHILD CARE

While our clients are attending St. Ann's High School or at work, their child is being cared for in St. Ann's on-site Child Care Center.

Knowing that their child is in safe and knowledgeable hands, enables our young mothers to focus on achieving their academic and career goals.



CHILD CARE CENTER

St. Ann's Child Care Center offers affordable child care for infants, toddlers and preschool children (ages two months to four years) from the community, as well as children living in St. Ann's housing programs.

We provide a consistent, creative and culturally aware environment that fosters the physical, cognitive, emotional and social development of every child. Indoor and Outdoor Play Areas Hands-on Science Experiments Computer Fun Foreign Language (Spanish) Health and Fitness Program Music, Arts and Crafts Sibling Discounts Inter-generational Activities Dedicated & Experienced Staff Parent Association Year-Round Program Play-Centered Learning







INFANT & TODDLER PROGRAM

(ages 2 months to 2 years)

Infants and toddlers in our Child Care Center remain with the same caregiver for the first two years. This helps to develop a strong sense of security and fosters a positive learning environment.

PRESCHOOL PROGRAM (ages 3 to 4 years)

Children grow by leaps and bounds during their preschool years. By encouraging a child's natural curiosity, our teachers help students build self-esteem and prepare for a lifetime of success in school.





served in fiscal year 2015, including **57** infants & toddlers and **31** preschoolers

"I don't know where my son and I would be today without St. Ann's Child Care Center. I feel so comfortable going to work every day knowing that my baby is being cared for by loving and knowledgeable teachers. He is learning new things all the time and his teachers help me make sure he is on track in his development."

- A Hope House Mother

Q & A WITH JUSTIN CARTAGENA EDUCATION & EMPLOYMENT COUNSELOR



WHAT LED YOU TO WORK AT ST. ANN'S?

I started working in the workforce development field in D.C., with a company that was contracted by the Department of Human Services. Just about every day, I met with around 115 people and I realized that I couldn't possibly give the appropriate help that individuals needed to break the cycle of poverty.

When I heard about St. Ann's opening, I thought to myself: This is how I can effectively help families. Yes, I'll be working with fewer people, but I will be directly involved in these families' successes.

DESCRIBE A TYPICAL DAY.

My days vary, for sure. I essentially have an open door policy. If a mother calls and I have free time, I will schedule a meeting with her. Meetings can range from a quick check up to an hour-long discussion on professional development, post-secondary education, or budgeting.

When I am not working directly with families, I try to get out into the community or follow up with leads for job opportunities, training opportunities, or internship possibilities for my clients.

At my desk, I research and set up life skill sessions with the help of Ms. Swain (High School Principal and Education & Employment Program Director). I consider the needs of our mothers and research what individuals or organization can provide life skills sessions for our mothers.

Finally, I write and distribute a monthly Education and Employment Program Newsletter, containing job search tips, professional development tips, and upcoming free or low cost training sessions in D.C. and Maryland. All of this information is compiled and distributed to our residents.

WHAT CHALLENGES DO YOUNG MOTHERS FACE WHEN FINDING EMPLOYMENT?

By far, the toughest challenge young mothers face when finding employment is first finding child care. Every day it gets more and more challenging to apply for and receive a child care voucher; even harder still is finding child care support that fits the - often unconventional - hours some young mothers have to work.

People usually struggle with the old conundrum: a job requires experience but I can only get experience from the job. I agree that's tough; but, consider a young mother who has to surmount that "chicken or the egg" scenario on top of finding child care through a voucher system that doesn't consider you qualified to receive daycare unless you already have a job.

Our mothers need daycare to find a job, but can't receive child care unless they have a job. Success just isn't viable in that situation.

Just as challenging is the consideration of the mothers' psychological needs. When speaking with employers, I explain the trauma informed support that St. Ann's provides. Trauma is not always visible (though, of course, it can be). That is a perception I try to challenge when speaking with anyone about our program.

WHAT MAKES ST. ANN'S EDUCATION & EMPLOYMENT PROGRAM SUCCESSFUL?

St. Ann's is a great program where everything is on site. Being so available and near to our residents is essential. I have so much support from a great team and if I need information it isn't difficult to get. It streamlines how an employment counseling program works.

WHAT HAS BEEN YOUR FAVORITE MOMENT DURING YOUR TIME WORKING AT ST. ANN'S?

I received a call in December from a former resident who called to thank me and wish me a Merry Christmas! I don't ever do anything expecting recognition, but when someone calls to say, "You really helped me out and I just wanted to tell you that I am still appreciative and I am actually still at the job you found me!" it's really amazing; it was a great gift to receive.

> Visit St. Ann's Blog for Justin's monthly Employment Advice column www.stanns.org/blog

OUR LEADERSHIP

Our work would not be possible without the dedication of our staff and the stewardship of our Board of Directors. On behalf of all of the young women and children who were touched by St. Ann's mission this year, we thank you.

STAFF LEADERSHIP

Sister Mary Bader, DC Chief Executive Officer

Shaneen Alvarez Director, Social Work Services

Louise Cole Director, Human Resources

Jeanette Chittams Director, Residential Programs

Barbara Dubik Director, Child Care Center Beth Ann Fromm Director of Development

Peggy Howard Gatewood Administrator of Contracts, Licensing & Special Projects

> Matthew Haggerty Senior Director, Finance & Administration

Valerie Swain Director, Education & Employment Program

BOARD OF DIRECTORS

FY2015 (July 2014 to June 2015)

Karen Hess, President Anne E. Schneiders, Vice-President Steve Heidenberger, Secretary G. Thomas Borger, Treasurer Gabriel I. Albornoz Lizzy McMurtrie Barbara Ann Kelly Myers* Lynda M. Anderson Mary Butler Armstead Christine Page Susan Cartney* Elizabeth Perkins Vernon Pizzi Mary Dee Clancy Sister Ann Patrick Conrad, PhD* Joseph L. Quinn Michael T. Flynn Tonya Sharpe* Kelli Stonework Rev. Msgr. Kevin Hart Michael Holliday, MD Susan M. Timoney, STD* John Magnolia James A. Walker Timothy F. Maloney Nicole Whiteman, Esa.

* Signifies new Board Member for Fiscal Year 2016 (July 2015 to June 2016)

EMERITUS MEMBERS OF THE BOARD

Elaine Baugham-Young Mary Lou Kretschmer

ANNUAL REPORT 2015

FINANCIAL SUMMARY

REVENUE (FY2015)

		AMOUNT	% OF TOTAL
	Private Donations & Grants	\$2,615,809	51.3%
	Special Events	\$219,893	4.3%
	Government Contracts	\$610,787	12.0%
	Private Fees	\$633,991	12.4%
	Investment Income	\$126,428	2.5%
	Contributed Services & Materials	\$708,000	13.9%
	Rental Income	\$44,194	0.9%
	Other	\$136,890	2.7%
TOTAL REVENUE		\$5,095,992	



EXPENSES (FY2015)

		AMOUNT	% OF TOTAL
	Child Care Center	\$1,132,484	23.6%
	Teen Mother & Baby Program	\$1,474,812	30.7%
	Education & Employment Program	\$481,426	10.0%
	Transitional Housing Program	\$702,979	14.6%
	Food Services	\$86,765	1.8%
	General & Administrative	\$665,312	13.8%
	Fundraising	\$260,034	5.4%
TOTAL EXPENSES		\$4,803,812	



NOTE: This financial information is contained in a full set of audited financial statements, prepared by Gelman, Rosenberg & Freedman Certified Public Accountants. Copies of the completed audit can be obtained from St. Ann's administrative offices (4901 Eastern Avenue, Hyattsville, MD 20782)

St. Ann's Center for Children, Youth & Families 4901 Eastern Avenue Hyattsville, MD 20782